

Worsthorne PSHE Curriculum Overview 2025-26

This PSHE curriculum has been developed from the RSHE Statutory guidance 2019 and features a sequential progression of skills throughout. Utilising Kapow resources to support some elements in addition a range of quality resources, this curriculum design reflects the needs of our Worsthorne children to ensure that they are given a comprehensive opportunity to prepare them for their lives in Modern Britain. Should you wish to see any further detailed planning or resources, you may request an appointment with our office who will be happy to accommodate this.

This curriculum reflects our intent to provide children with the opportunity to build their inquisitive minds by exploring 'I wonder questions' throughout.

Worsthorne Primary School

'Inquisitive Minds Shape Our World'

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Theme: Relationships		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wonder Question	Lesson	I wonder how we learn new things?	I wonder who holds a special place in our hearts?	I wonder what qualities make someone a good friend?	I wonder how we can be a supportive and encouraging friends?	I wonder how we can show respect to each other?	I wonder how friends can communicate safely in person and online?	I wonder what tools we need to safely navigate the world?
Autumn 1	1	Self-Regulation – My Feelings	Family and friends 1	Family and friends 2	Family and friends 2	Family and friends 1	Family and friends 1	Family and friends 1
	2	Building Relationships: special relationships Family	Family and friends 2	Family and friends 5	Family and friends 3	Family and friends 2	Family and friends 4	Family and friends 2
	3	Family	Family and friends 5	Family and friends 4	Family and friends 5	Family and friends 4	Safety 1	Family and friends 4
	4	Friends	Family and friends 6	Family and friends 6	Family and friends 6	Family and friends 8	Safety 2	Family and friends 5
	5	Building Relationships: special relationships Friends- sharing	Family and friends 7	Family and friends 7	Family and friends 7	Family and friends 6	Family and friends 8	Family and friends 6
	6	Building Relationships: Me!	I wonder if all communities are the same? Bespoke planning for cultural awareness					

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Theme: Money Matters/ citizenship	Lesson	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wonder Question		I wonder how Ed and Bunny spend their money?	I wonder how we can use money in our lives?	I wonder what the difference between a want and a need?	I wonder how to spend money wisely?	I wonder how I can tell if something is worth spending money on?	I wonder if my money is safe online?	I wonder how people choose a career?
Autumn 2	1	I wonder how we can be a good citizen? (toy drive) Children will take part in a whole school event where they will plan, advertise and run a toy drive to support less fortunate families in time for Christmas.						
	2	Whole school anti-bullying week focus on online relationships. Children will have a whole school assembly which will focus on the anti-bullying week theme for the year and then will take part in an individual lesson themed around the needs of that cohort linked to online safety.						
	3	Ed and Bunny	Economic wellbeing 1	Economic wellbeing 2	Economic wellbeing 2	Economic wellbeing 1	Economic wellbeing 4	Economic wellbeing 6
	4	Ed and Bunny	Economic wellbeing 4	Economic wellbeing 3	Economic wellbeing 5	Economic wellbeing 3	Money Heroes-going digital	Money Heroes- world of work
	5	Ed and Bunny	Citizenship 4	Citizenship 5	Citizenship 5	Citizenship 5	Citizenship 1	Citizenship 4
	6		Citizenship 1	Citizenship 1	Citizenship 1	Citizenship 1	Citizenship 6	Citizenship 1
	7	Class focus week. During this week, teachers will reflect with the children on the 'I wonder' questions of the term and focus the lessons on addressing any misconceptions/areas of focus for the term to consolidate learning.						

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Spring Term 1

Theme: Health and wellbeing		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wonder Question	Lesson	I wonder how we can work together?	I wonder what keeps us in good health as we grow?	I wonder what influences our growth and health?	I wonder why it's important to look after our physical and mental health?	I wonder how our bodies and minds develop over time?	I wonder how our choices can impact our health positively?	I wonder how I can take responsibility for my health?
Spring 1	1	NSPCC resources focusing on keeping ourselves safe and consent.						
		NSPCC Pants 4-5 yr olds	5-7-year-old resources		7-9-year-old resources		9-11-year-old resources	
	2	Managing self and taking on challenges Kapow lessons as needed	Health and wellbeing 5	Health and wellbeing 1	Health and wellbeing 1	Health and wellbeing 5	Health and wellbeing 2	Health and wellbeing 3
	3		Health and wellbeing 7	Health and wellbeing 5	Health and wellbeing 3	Health and wellbeing 3	Health and wellbeing 5	Health and wellbeing 6
	4		Health and wellbeing 3	Health and wellbeing 6	Health and wellbeing 5	Health and wellbeing 7	Health and wellbeing 6	Health and wellbeing 8
	5		Health and wellbeing 1	Health and wellbeing 7	Health and wellbeing 7	Health and wellbeing 1	Health and wellbeing 7	Health and wellbeing 4
	6		I wonder what impact screen time can have on our lives?					
		Devise wise book 1	Devise wise book 2	Devise wise book 3	Devise wise book 4	Devise wise book 5	Devise wise book 6	Devise wise book 7

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Theme: Safety (Lancashire road safety and Mini First Aid)		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wonder Question	Lesson		I wonder who looks out for our safety?	I wonder what measure help to keep us stay safe?	I wonder what keeps us protected from harm?	I wonder what I can do to keep myself and others safe?	I wonder how we can manage risks safely?	I wonder how I can be of help in an accident?
Spring 2	1	Road safety 1 & 2	Road safety 1	Road safety 1	Road safety The Journey	Road safety Stepping out	Bikeability	Road safety Way to Go
	2	Road safety 2 & 3	Road safety 2	Road safety 2			Bikeability	
	3	Road safety 4 & 5	Road safety 3	Road safety 3			Road safety passport	
	4	Road safety 6	safety 4	safety 8	First aid 1	First aid- Red Cross- first aid champions burns and scalds	First aid 6	First aid 8
	5	Mini first aid training for all children						
	6	I wonder how I can be the best version of me? Whole school wider focus of a bespoke week. Teachers will identify a specific area to address which is bespoke to their individual cohort needs i..e tolerance/friendships/respect etc...						
	Sharing assembly- at the end of this unit children will take part in a sharing assembly to disseminate their learning to other year groups about what they have been focusing on in this half term.							

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Summer 1

Theme: Safety online		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wonder Question	Lesson	I wonder how we can stay safe when using the internet?	I wonder why it is important to speak to adults before going online?	I wonder why it is important to be aware of what I click on online?	I wonder what I can do if I see something I don't like online?	I wonder what I can do to keep myself safe online?	I wonder how we can tell what is real or fake online?	I wonder how we can tell what is safe to share with others online?
Summer 1	1	Smartie the Penguin	Chicken Clicking	Childnet Smart Crew Cartoons	Safety Online 4	Safety Online 1	Safety Online 4	Safety Online 2
	2	Smartie the Penguin	Digi Duck (Childnet)	Childnet Smart Crew Cartoons	Safety Online 7	Safety Online 2	Safety Online 2	Safety Online 3
	3		Digi Duck (Childnet)	Childnet Smart Crew Cartoons	Safety Online 3	Safety Online 4	Pick your Pics (PSHE Association)	Pick your Pics (PSHE Association)
	4		Digi Duck (Childnet)	Childnet Smart Crew Cartoons	Safety Online 5	Safety Online 5	Pick your Pics (PSHE Association)	Pick your Pics (PSHE Association)
	5	I wonder how we can stay safe around water?						
	6	All children in school will be taking part in water safety sessions from the Royal Life Saving Society to learn how to stay safe around bodies of water. We will link this directly to the bodies of water in the locality as well as considering water safety in swimming pools and on holidays.						

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Summer 2

Theme: Growing, changing and moving on (Medway)		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
Wonder Question	Lesson	I wonder how we grow?	I wonder what how we grow and change?	I wonder what private means and which parts of my body are private?	I wonder how we can manage our emotions?	I wonder why my body and feelings change?	I wonder how my body changes over time?	I wonder how I can care for myself independently as I grow and change?	
Summer 2	1	Kapow-Names of body parts	Medway 1-2 Lesson 1	Growing and changing Kapow 4	Medway Mental health and wellbeing 1	Medway 4-5 lesson 1	Medway 4-5 lesson 1	Medway 6 Lesson 1	
	2	Kapow-Healthy foods	Medway 1-2 Lesson 2	Growing and changing Kapow 5	Medway Mental health and wellbeing 2	Medway 4-5 lesson 2 (split)	Medway 4-5 lesson 2 (joint)	Medway 6 Lesson 2	
	3	Kapow-babies to adults	Medway 1-2 Lesson 1	Growing and changing Kapow 8	Medway Mental health and wellbeing 4	Medway 4-5 lesson 3	Period Coach	Medway 6 Lesson 3	
	4	Revisit of devise wise characters and stories with a parent workshop					Medway 4-5 lesson 4	Medway 4-5 lesson 4	Medway 6 Lesson 4*
	5	Healthy food and exercise week							
		Sleep	sleep	Sleep and gaming	Sleep and gaming	Kapow 7-Tobacco	Kapow 7-tobacco	Kapow 1-Alcohol	
	6	Transition week- getting to know you							